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## PROFESSIONAL ADVANCEMENT ESCAPE

DR. PETER BLOCH & Doctors-on-Tour present a

# CME, BEACH & CULTURAL TOUR OF BALI

## “ISLAND OF THE GODS”

APRIL 27 – MAY 13, 2025



### The Organizers...

#### Doctors-on-Tour

**Doctors-on-Tour** was created in 2000 and specializes in offering ecological, cultural, gastronomical and adventure travel to exotic destinations for physicians who want to combine learning and travelling. Our programs offer targeted educational programs offering updates on current topics of interest together with meetings and discussions with local health care representatives to specifically discuss common medical developments in, and challenges facing, the local health care systems in both Canada and the country where the meetings and discussions are being located. This also includes in-depth tours of hospital facilities (both public and private) in order to meet with local medical practitioners and review, and compare, facilities, techniques and practices on a firsthand basis. We offer programs in several worldwide locations including to such diverse and intriguing areas as **South America (Brazil, Chile/Argentina, Ecuador/Peru); Africa (Kenya/Tanzania, Morocco, South Africa, Zanzibar, Kilimanjaro climb); India, Bhutan, China, Japan, South East Asia (Vietnam, Cambodia, Laos & Bali), Malaysia/Singapore, Sri Lanka; New Zealand and Europe (Eastern Europe, Iceland, Spain).**

Additional information, including detailed program brochures downloadable in pdf format and recent testimonials, can be found at [www.doctorsontour.ca](http://www.doctorsontour.ca). The company is a licensed retail travel organization under The Travel Industry Act of Ontario thereby affording complete protection of all monies paid prior to departure. (TICO registration no. 50009110).

Contact us at - tel: 416-231-8466; toll free: 1-855-DOC-TOUR (362-8687); fax: 1-888-612-1459  
e: [info@doctorsontour.ca](mailto:info@doctorsontour.ca)

**Dr. Peter Bloch, M.D. - Oakville, On.**

**Dr. Peter Bloch** lived in Chile for 20 years, having started medical school there, but completed his training at Western. He has been a Family Physician in Oakville since 1976 (recently retired) and is an avid world traveller, including, with his wife Mary, his spirited hosting of several extremely successful CME cultural and ecological tours with Doctors-on-Tour since 2005 including Chile, Argentina, Vietnam & Cambodia, Ecuador & the Galapagos, Peru, Northern and Southern India, Kenya & Tanzania, Brazil, Spain & Portugal, South Africa, New Zealand, China, Bhutan, Malaysia & Singapore, Iceland, Morocco, Japan and Sri Lanka.

Dr. Bloch may be contacted at -

tel: (289) 242-2752, e: [78pbloch@gmail.com](mailto:78pbloch@gmail.com)



## The Destination... Bali, Indonesia

Draped languidly across the equator, the charismatic archipelago of **Indonesia** is a smattering of diverse island jewels bobbing around in tropical seas. A visit is a great adventure in waiting – it is truly one of the last intrepid destinations left on the planet. The third most populous nation on earth has an incredible legacy of peoples, cultures and geography just waiting to be explored.

One of the most well known of the islands is **Bali** - a land that seems to have a magnet at its very heart. In Balinese mythology, it is said that the gods created the place to be special. Its purpose is to be a shrine, housing all the deities and the land was sacred and the island goes under many names. Some call it the 'Island of the Gods', others Shangri-La. The 'last paradise', the 'dawning of the world' and the 'centre of the universe' are yet more names for this truly beautiful tropical island inhabited by a remarkably artistic and spiritual people who have created a dynamic society with unique arts and ceremonies.

Like many islands, Bali has developed a world of its own. It not only captures what is special about Indonesia but also has a uniqueness of its own. Daily life is culturally linked to satisfying and appeasing the gods, spirits and demons as the local people celebrate the eternal struggle of "Good and Evil" - the very essence of this largely Hindu island. And, in the midst of breathtaking panoramas of cultivated rice terraces, impressive volcanoes and beautiful beaches, lies Bali's main volcano, Gunung Agung, which is still active and considered sacred among local people as it is believed to be the centre of the universe.

The island is small, just 140 km by 80 km and lies between Java, the most highly populated and influential of all the islands, and Lombok, one of the quieter and moderately slower paced islands. Lying just 80 degrees, south of the Equator, the island offers a tropical climate with just two seasons a year and an average temperature of around 28 Celsius. It is one of the twenty- six provinces of the Republic of Indonesia, divided administratively between eight districts that take their names and boundaries from the island's old Hindu kingdoms.

Economically and culturally, Bali is one of the most important islands of Indonesia. Rice is grown on irrigated, terraced hillsides; other crops include sugar cane, coffee, copra, tobacco, fruits and vegetables. Cattle and hogs are also raised. The Balinese are skilled artisans, particularly in woodcarving and in fashioning objects of tortoiseshell and of gold, silver and other metals. The people are noted for their traditional dance, the distinctive music of the gamelan and for their skills in weaving cloth of gold and silver threads, Songket, as well as for embroidering silk and cotton clothing.

Filled with charm, culture, mysticism and some of the most magnificent scenery on earth, Bali has enchanted visitors for centuries – let it cast it's spell over you as we take you on an educational and cultural journey that you will never forget.

Further information can be found at – <https://balitourismboard.id/>

## The Academic Program (approximately 15 CME hours) ...

The **detailed program itinerary below** provides information on the various medical activities in Bali will focus on **Health and Healing strategies** in this part of the world.

There will also be a series of lectures throughout the tour from both local physicians and Canadian presenters together with interactive discussions. Complete information on the individual medical topics being presented will be included with your pre-departure documentation.

- **Academic Session** in Ubud with presentations by Canadian & Balinese medical experts & interactive discussions on current medical issues
- Meeting with Dr. Ketut Suryani (Balinese Healer and psychiatrist) of the Suryani Institute of Mental Health
- Visit to Amrtasiddhi Ayurveda & Yoga Health Centre in Mengwi
- Visit to Senang Hati, a developmentally disabled NGO facility for people with physical challenges
- Presentations on traditional healing practices from local Balinese healers (Bone setters, Balian and Spiritual healers)
- Balinese Herbalist session

In addition, any physician who would like to make a short presentation at the Academic Conference should register their interest by completing the relevant section of the program registration form and the Group Medical Director, Dr. Peter Bloch, tel: (289) 242-2752, e: [78pbloch@gmail.com](mailto:78pbloch@gmail.com) ) will contact you directly.

A certificate of attendance will be provided to all attendees of the Academic Program.

## The detailed itinerary...

### Day 1 – April 27, 2024 (Sun): Depart Toronto

Depart Toronto for your flight to Denpasar, Bali.

Specific flight times / routing will be forwarded upon registration.

### Day 2 – April 28: In transit as you cross the international dateline

### Day 3 – April 29: Arrive Bali (D)

***Ubud** is a remarkable town in the middle of the island of Bali. For more than a century, it has been the island's preeminent centre for fine arts, dance and music. By the early 1960s, Ubud had attained fame as a unique artists' community the entire artistic region around Ubud flourished, including the enclaves of Campuhan, Penestanan, Sanggingan, Nyuhkuning, Padang Tegal, Pengosekon, and Peliatan. Nearby are the centers of wood carving at Mas and of silverware at eluk. Described by many as one of the world's most magical destinations, Ubud, despite the advance of yoga centers, spas, villas, and luxury hotels, remains relatively unchanged and remains the spiritual and cultural centre of the island.*



Arrive Denpasar, Bali in the afternoon. You will be met by your guide from our local tour operator partner in Bali upon arrival who will take you directly to your hotel for check-in. During the transfer your guide will give you some brief information about your hotel, its surrounding and about Bali as well as explaining your program for the following days. Check-in at your hotel and rest of the day free for your own leisure as you take some time to rest from your international flights.

Welcome dinner at the hotel and overnight in Ubud.

### Day 4 – April 30: Ubud – local villages - Dr. Suryani / Amrtasiddhi (B, L, D)

Breakfast at the hotel then proceed to village of **Batubulan** to watch a cultural performance of **Barong and Keris Dance** which describes the story of eternal fight between good and evil. Then visit the **Sukawati traditional market** to discover many of the island's handicrafts.

Lunch at a local restaurant.

In the afternoon, all group participants will visit with **Dr. Ketut Suryani**, a Balinese Healer and western trained psychiatrist and former head of the Psychiatry Department at Udayana University.







Considered the "mother" of Bali, Dr. Suryani is a world renowned author and keynote presenter at medical conferences around the world who has spent more than 40 years as a medical and social activist for the people of Bali. Dr. Suryani has written numerous books on spirituality, Balinese culture and education and she is currently the head of the **Suryani Institute of Mental Health** which provides advocacy and numerous mental health services for Balinese. The Institute's vision is to create a healthy community using biopsychospiritual-sociocultural approaches and to implementing the balance and harmony in a Tri Hita Karana concept to reach happiness in life. <http://www.suryani-institute.com/>

Afterwards,

**Physicians** will visit **Amrtasiddhi, a local Ayurveda & Yoga Health Centre**, for a presentation on the principles of Ayurveda.

Amrtasiddhi has professional Ayurvedic doctors and therapists who work with patients to improve their physical, emotional, and spiritual well-being. The Centre offers Ayurvedic consultations, treatments, medicines and healing activities that promote a deep balance and long-lasting well-being and these practices are supported by Yoga and T'ai Chi.

<http://www.amrtasiddhi.com/>

**Ayurveda** is a traditional, natural system of medicine that has been practiced for more than 5,000 years in South East Asia and India. Ayurveda provides an integrated approach to preventing and treating illness through lifestyle interventions and natural therapies and the removal of toxins from the body. Treatment is based on herbal remedies (in the form of injectables, ointments, oils, tablets and liquids) which are used as day to day remedies against major human diseases. It may involve naturopathic treatment against aging and the use of steam along with herbs. Ayurvedic theory states that all disease begins with an imbalance or stress in the individual's consciousness. Lifestyle interventions are a major Ayurvedic preventive and therapeutic approach. There are now ten Ayurveda clinics in North America, including one hospital-based clinic that has served 25,000 patients since 1985.

**Non-Physicians** will enjoy free time for exploring Ubud, shopping at the traditional market or wandering the streets that are filled with handmade items, museums, temples, and cafes or you may choose to return to the hotel and relax.

In the afternoon there will be the option for exploring Ubud, shopping at the traditional market or wandering the streets that are filled with handmade items, museums, temples, and cafes or you may choose to return to the hotel and relax.

Dinner will be at a local restaurant.

Overnight at hotel in Ubud.

**Day 5 – May 1: Ubud – Gunung Kawi Temple, Senang Hati, Academic Session (B, L, D)**



After breakfast there will be an early morning visit to the ancient **Gunung Kawi Temple**, one of the oldest temples in Bali built in the 11th century. Experience the mystery of these historical remains crafted in a side of a small mountain. Surrounded by lush green tropical rice fields -- you will have a chance to meditate and listen to the silence. Be sure to bring your camera and good walking shoes as there are several steps to reach the temple.

Continue to **Senang Hati**, a developmentally disabled NGO facility outside of Ubud that works to build a foundation where society accepts, welcomes, and values the equal participation of people with physical challenges. It's vision is to bring people with physical challenges out of isolation and into society; to build self-worth and provide programs that support their physical and health needs, as well as to teach skills that will assist people with differing abilities to become productive and work towards independence and self-sufficiency, where possible.

<http://www.bhaktisenanghatifoundation.com/>

Most of the people are in wheelchairs or other support but all have an indomitable spirit that you feel the minute you arrive. Learn about the work of the foundation and enjoy a mask and dance performance performed by the residents (in wheelchairs). They will also play musical instruments – join in yourself as an accompaniment to this unique performance. There is also a small gift shop that showcases their amazing artwork, all proceeds helping to support the Foundation.

Lunch will also be served at the facility.



Return to Ubud -

**Physicians** - afternoon **Academic Session** with presentations and interactive discussions on current medical topics by Canadian presenters and an **overview of the Balinese local healthcare system** by a local Balinese physician.

**Partners** will have independent time to continue to explore Ubud.

Dinner at **Laka Leke Restaurant** in Ubud including a performance of the **Joged and Children Balinese dance**.

***Joged** is a traditional Balinese dance performed by a young and beautiful Balinese dancer. Unlike other dance performances which are performed during the temple festival, Joged is not a sacred dance is it a performance to entertain guest on special occasions such as wedding parties, dinner parties and anniversary celebrations of youth associations. This dance is most popular among members of youth associations, since the Joged dancer will pick a member of the audience to join her in a courting dance where Joged dancers flirt with each other in Balinese - we call the chosen dance partner a "Ngibing". Once the dancer shakes your hand and presents you with a fresh flower, it means your turn of ngibing is over.*

Overnight at hotel in Ubud.



### Day 6 – May 2: Ubud – Monkey forest, Royal Family visit (B, L)

Breakfast at the hotel.

This morning, continue along your spiritual trail and visit the **Sacred Monkey Forest**, where the cheeky monkeys will be waiting for you. This sanctuary also hosts an important temple and a mystic spring.

Monkey Forest Ubud holds a significant history intertwined with Balinese culture. Dating back to the 14th century, it has been regarded as a sacred place, housing spiritual forces and guardian spirits. The monkeys, seen as sacred animals, symbolize both protection and mischief, fostering a unique connection between humans and wildlife.

In the 20th century, it gained recognition as a vital conservation area. Efforts were made to preserve its natural beauty, promote responsible tourism, and raise awareness about the cultural and environmental significance. Today, it stands as a cherished sanctuary, where visitors can connect with nature, observe captivating monkey behavior, and support the ongoing conservation efforts. <https://monkeyforestubud.com/>

Lunch will be at a local restaurant.

After lunch, there will be a **private meeting and tour of the Peliatan Palace with a member of the Peliatan Royal Family**. The village of Peliatan, once the seat of an offshoot of the royalty of Sukawati, is renowned for artistic activities. Their gamelan instrument and dance troupes travel abroad as cultural ambassadors – including one of the living princesses who, in the 1930s, was the first Balinese dancer to travel to the US with Bob Hope and Fred Astaire. Peliatan is also a centre of painting and woodcarving and many artist studios can be found among its Main Street and back lanes.



Evening at leisure. Overnight at hotel in Ubud.



**Day 7 – May 3: – Ubud – Kertagosa – Goa Lawah – Tirta Gangga - Candidasa (B, L, D)**



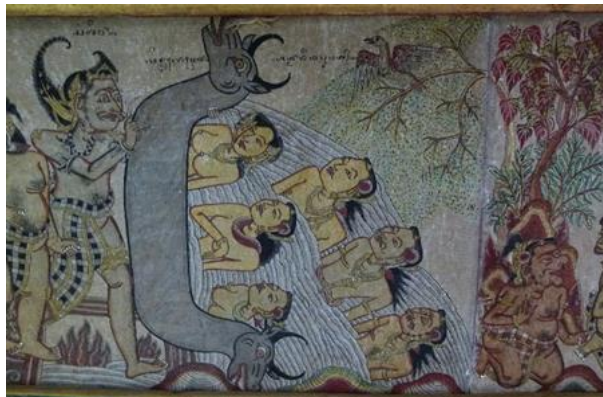
*Candi Dasa, or often Candidasa is an elongated coastal village resort area on the east side of Bali that rests on the edge of a freshwater lagoon, named Candi Dasa Lagoon. The town is surrounded by spectacular mountains and is centred around Jalan Raya Candida, where a number of hotels, restaurants, and shops line the main road. Most sources say a fishing village was founded on the site by the 12th century and before the modern name of Candi Dasa was adopted it was known as both Teluk Kehen ("Bay of Fire") and Cilidasa. It is thought that the temple near the lagoon, with a statue of the fertility goddess Hariti surrounded by a group of children is the origin of the name Cilidasa which translates from Balinese as "ten children". Many Balinese who want to have children go on pilgrimage to this temple to pray. Today, this beachside town is known for its good diving and snorkeling.*

Breakfast at the hotel.

After breakfast, depart Ubud for Candidasa with several sightseeing visits along the way.

Stop at **Kerthagosa**, the name of the former **Royal Courts of Justice in Klungkung** - set in a courtyard of ponds, the highlight is an elaborately decorated ceiling featuring the *wayang* style of painting.

Then on to **Besakih Temple**, known as the "Mother Temple" of Bali. Located on the western slopes of Mt. Agung, Bali's highest volcano (2,567 m), Besakih is the largest and most important temple on the island. En route you'll stop in the village of **Sibetan** to observe traditional weaving and visit a salak plantation where you can taste Bali's famed "snakeskin fruit".





Lunch at a local restaurant with a panoramic of Mt. Agung, an active volcano that is considered a sacred site.

After Lunch continue to visit **Tirtagangga** (holy water of the Ganges in Balinese), considered one of the world's most romantic gardens. Gushing springs flowing from beneath an ancient Banyan tree and holy temple fill the myriad reflecting and swimming pools that grace the Water Palace.



Continue to the resort village of Candidasa and check into hotel.

There will be a meeting with a local Balinese healer at the hotel prior to dinner. Wayan Gunung specializes in Energy healing (therapeutic massage and energy transfer).

This evening, enjoy a BBQ Dinner on hotel beach area

Overnight at hotel in Candidasa.

#### Day 8 – May 4: Candidasa, including Bali Asli cooking (B, L)

Breakfast at the hotel and then depart to **Bali Asli** to take a trek through the rice fields for followed by a cooking demonstration and Megibung Lunch.

Bali Asli is nestled in the foothills of Mount Agung, Bali's most sacred mountain, surrounded by rice fields, and promotes Balinese cuisine and culture through community partnerships supporting those who fish, farm and forage in the nearby fields, ocean and jungle.

The name 'Bali Asli' means 'original Bali', and this concept is what shaped the venture from the beginning. The produce and ingredients for the dishes here come from the surrounding area—either from the traditional market or the restaurant's own organic garden.

Enjoy a cooking demonstration using a traditional Balinese style kitchen showing you traditional Balinese recipes with cooking done on wood-fired, mud brick stoves, allowing the real flavours of Bali to shine through - you won't find a single electrical cooking appliance on the premises.



You will receive an introduction to the Balinese ingredients and an open discussion about how they can be used for medicine, ceremonies and cooking, followed by Bumbu Bali, the essential Balinese spice mix, sate lambat be siap, minced chicken wrapped around lemon grass, tipat santok, seasonal steamed vegetables with peanut sauce and traditional rice cakes. Then enjoy the results of this cooking demonstration for your lunch.

The menu here is inspired by a Balinese dining tradition called *Megibung*, which began with the kingdom of Karangasem in the 17th century. At that time, Balinese warriors in Lombok were joined by the king of Karangasem, who insisted on sitting with his soldiers during meals and sharing food and drink all around. This helped the men to bond, deepened their sense of loyalty to the kingdom, and sparked a style of eating that continues today. At Bali Asli, the dishes are meant to be savoured together with friends and family in a relaxed and casual setting overlooking the spectacular views of the volcano and rolling green valleys.

Evening at leisure.

Overnight at hotel in Candidasa.

#### Day 9 – May 5: Candidasa – Kusamba – Yeh Pulu – Goa Gajah - Mengwi (B, L, D)



*The central part of Bali is famous for its wonderful views with rolling green landscapes, clove and coffee plantations and spectacular terrain including the imposing Mount Batukaru, Bali's second highest peak at 2,276 metres. The town of **Mengwi** has a long and rich history associated with its royal family, as it used to be the capital of an ancient kingdom, and the best modern day manifestation of this is the splendid temple complex at Taman Ayun.*

Breakfast at the hotel.

This morning enjoy snorkeling in the nearby **Blue Lagoon**.

Following lunch at hotel, depart for Mengwi making several stops along the way.

First, visit the coastal fishing village of **Kusumba**, to observe the colourful fishing boats lined up all along the beach as well as the small salt-making huts where you can learn about the traditional salt production process in this area.

Further stops along the way will include **Yeh Pulu**, a site rediscovered in 1925 by archaeologists and covered by moss and shrubs - yet local people still knew about it and placed offerings at the front of the carvings. Then visit **Goa Gajah (Elephant Cave)** - a site mentioned in the Javanese poem Desawarnana written in 1365. An extensive bathing place on the site was not excavated until the 1950s and this appears to have been built to ward off evil spirits.





Then continue on to **Mengwi** and check into your hotel.

Enjoy a traditional dinner at the hotel.

Overnight at hotel in Mengwi.

#### Day 10 – May 6: – Mengwi (including Taman Ayun, Tanah Lot) (B, L, D)

After breakfast, there will be a group session with a **local Balinese herbalist** for all members of the group.

Free time for the rest of the morning.

Lunch at the hotel.

In the afternoon, explore more of the local cultural sites, stopping first at **Taman Ayun Temple**, a legacy of its glorious kingdom's era. Pursuant to Papyrus Chronicle of the Mengwi (Lontar Babad Mengwi), this temple was sanctified in the year 1634.

At the end of the day, continue to **Tanah Lot** to see the **Kecak Dance** and a spectacular sunset followed by dinner by the ocean at The Jukung Restaurant.

Return to Mengwi.

Overnight at hotel in Mengwi.





## Day 11 – May 7: Mengwi – Pemuteran (B, L, D)

*When a small group of pioneer investors bought land in the area in the mid-1980s, they vowed to adhere to the ideals of gentle tourism and to create a hideaway for discerning visitors, in which they succeeded. **Pemuteran** is an eco-friendly village that lies in the shadow of mountains to the south and to the north is Menjangan Island, one of the best diving areas in the world. Pemuteran is considered the capital of the “unseen” or the spirit world and also has the largest area of shallow coral reefs in Bali being easily accessible and free of strong currents and waves making it perfect for swimming, snorkeling and diving.*

Breakfast at hotel.

Today, travel to the north west corner of the island to Pemuteran. Witness the magnificence of Bali on the way to this picturesque coastal village.

On the way, visit the **Ulun Danu Temple**.

**Ulun Danu Temple**, also known as Pura Ulun Danu Beratan dates back to the 17th Century and has a rich cultural and heritage background. The Ulun Danu Beratan temple history predates 1633 which was commissioned by the King of Mengwi and built during the Mengwi dynasty. The temple was built in devotion to the Hindu Trinity: Brahma, Vishnu, and Shiva, and the Lake Goddess, Dewi Danu. The temple is the epitome of a stunning amalgamation of environmental sustainability, culture, and spirituality sitting on the shores of Lake Beratan in the mountains near Bedugul. Various rituals and ceremonies are performed by the priests to honor the Dewi Danu to seek her blessings for each new season.



Later, visit the Candi Kanung traditional market at Bedugul.

Lunch will be at a local restaurant.

Arrive late in the day into Pemuteran and witness one of the many spectacular sunsets.

Dinner and overnight at hotel in Pemuteran.



### Day 12 – May 8: Pemuteran (Sunrise cruise) (B, L, D)



Awake early to experience sunrise on a traditional fishing boat for an unforgettable morning. Cameras and videos a must, and, if you are lucky, you may be greeted by a school of dolphins! Afterwards enjoy a delicious breakfast.

Morning visit to **Coral Reef Restoration Project** sanctioned by the United Nations and developed by Pak Agung Prana, one of the Bali Institute advisors.

<http://tamansaribali.com/coral-restoration-project/>

The rest of the morning is free to relax at your resort or snorkel in the amazing sea world right next to your hotel.

Lunch at the hotel and then free time in the afternoon to relax in this tropical beach paradise.

Dinner with local Balinese families and an opportunity to learn more about the local culture directly from the villagers.

Overnight at hotel in Pemuteran.

### Day 13 – May 9: Pemuteran (Menjangan Island) (B, L, D)

Breakfast at hotel, then drive / cruise to **Menjangan Island**, an island off the western tip of Bali famous for being one of the best diving and snorkelling spots in the region. Named after a local species of deer (hence the name of the island is also often translated as Deer Island), Menjangan Island is technically part of **West Bali National Park**. The habitat is very varied with rainforest, dry savanna, acacia scrub and lowland forests, as well as more mountain forests in the higher centre. There are also some pockets of dense mangrove forest. Over 160 bird species are found in the park, including the near extinct Bali Starling, as well as several mammals



Enjoy the day snorkeling or relaxing by the beach. A lunch box is included.

Dinner and overnight at hotel in Pemuteran.

#### Day 14 – May 10: Pemuteran – Sanur (B, L)



*Sanur is Bali's oldest upscale resort area and is a mature beach-side town. Despite the abundance of restaurants and accommodation, it has a quiet and relaxed feel to it. It is an excellent base for exploring some of Bali's southern sites or relaxing at the end of a circular tour of the island.*

*The northern part of Sanur beach was used as the landing site for the Dutch invasion troops during the Dutch intervention in Bali (1906). During World War II, Sanur was again the entry point through which the Japanese forces landed to occupy the island of Bali.*

Breakfast at hotel and relax until midday.

After lunch at the hotel, head south through the eastern aspects of the island for your final two nights in Sanur Beach.

Evening at leisure.

Overnight at hotel in Sanur.

#### Day 15 – May 11: Sanur (B, D)

Breakfast at hotel.

Your final day is at leisure - maybe some shopping for local Balinese handicrafts, see how the local jewelry is made or visit other arts interests in the area. Or just relax at your hotel by the pool or in the ocean.

Independent lunch before, late afternoon, heading to Jimbaran Beach for a **Farewell Seafood BBQ dinner right on the beach** while watching a beautiful sunset.

Overnight at hotel in Sanur.

#### Day 16 – May 12: Sanur – Denpasar – In Transit (B)

Breakfast at the hotel.

Free time in the morning before an afternoon transfer to Denpasar airport for your return flight to Canada.

Specific flight times / routing will be forwarded upon registration.

#### Day 17 – May 13 (Tues): In Transit - Toronto (B)

Arrival back in Toronto on May 13, 2025.



## Bali Images



## Hotels and resorts...

Location	Hotel / resort
Ubud (4 nights)	Komaneka Rasa Sayang Resort (4*) <a href="https://komaneka.com/resort/rasa-sayang/">https://komaneka.com/resort/rasa-sayang/</a>
Candidasa (2 nights)	Ramayana Candidasa Resort & Spa (4*) <a href="https://ramayanasuites.com/candidasa/">https://ramayanasuites.com/candidasa/</a>
Mengwi (2 nights)	Umasari Rice Terrace Villa (3*) <a href="https://www.umasarivilla.com/">https://www.umasarivilla.com/</a>
Pemuteran (3 nights)	Taman Sari Bali (3*) <a href="https://tamansaribali.com/">https://tamansaribali.com/</a>
Sanur (2 nights)	Hotel Mercure Sanur (4*) <a href="https://www.mercureresortsanur.com/">https://www.mercureresortsanur.com/</a>

Accommodation is in 4\* and boutique, typically Balinese 3\* properties in the less populated (and hence, more authentic Bali) regions of the island.

In the unlikely event that a property needs to be changed it will be substituted with one of a similar standard.

**The price... register by January 27, 2025 and save \$1,000/couple !!**

Pricing (exc. Insurance) / per person - Cdn\$	Inc. Air from Toronto
Per person (double occupancy)	
- registrations up to January 27, 2025	<b>\$8,295</b>
- registrations after January 27, 2025	\$8,795
Single supplement	\$1,720
Single share fee (A)	\$ 300 **
Transportation / hotel taxes and fees	\$ 745
Academic program registration fee (per MD registrant)	\$ 950
Payable locally : Tourist Visa on Arrival	US\$35

(A) Single share matching fee – can't find a traveling partner but don't want to pay the single supplement? We'll keep our eyes open for similar clients and try and find you a compatible person to share a room with. However, if we are unable to find you a suitable companion the single supplement will be payable.

Flights are also available from Vancouver (supplement may apply)

#### REPEAT CUSTOMER DISCOUNT

If you have travelled with Doctors-on-Tour before, you are eligible for our Repeat Customer Discount. Simply deduct \$100 /person for each separate tour that you have travelled with the company on up to a maximum of \$300 /person (ie travelled on one previous tour, deduct \$100; two tours, \$200; three or more tours, \$300).

**Please note, this discount is subject to the payment (s) for the tour being made by cheque.** The discount is to be made from the final balance payment with the deposit amount being paid in full.

#### COST EFFICIENT INVOICING !

For **invoicing** purposes re Academic Program registrants and their companions, we can also provide a separate invoice with the registrant's air cost plus 100% of the accommodation costs included in the registrant's invoice.

#### CANADIAN \$ PRICING !

Please note, unlike many programs offered by other companies which are quoted in US\$ (and are also usually land only prices excluding air fare), **our prices remain in Canadian\$** - and, with a premium now of almost 40% (at October 2024) when paying in US\$, this makes a significant difference.

#### ONLINE REGISTRATION FORM

Our **online registration form** may be accessed via the direct link below –

<https://fs22.formsite.com/Doctorsontour/BALI2504/index.html>

Full program information may also be found at –

<http://www.doctorsontour.ca/cme-programs-bali-upcoming-2504.php>

**OUR PROGRAMS HAVE LIMITED CAPACITY AND WE THEREFORE RECOMMEND REGISTERING AS SOON AS POSSIBLE IN ORDER TO GUARANTEE YOUR RESERVATION.**

**PLEASE NOTE OUR EARLY BOOKING DEADLINE OF JANUARY 27, 2025 TO SAVE \$1,000 / COUPLE**



## Inclusions and Exclusions...

### Inclusions –

- Round trip international flights from Toronto or Vancouver to Denpasar, Bali
- Private, modern, air conditioned coach transportation
- All meet and greet services and arrival and departure transfers\*\*
- Accommodation for a total of 13 nights in authentically Balinese 3\* and 4\* properties
- 13 breakfasts, 12 lunches, 10 dinners in a combination of hotel and local restaurants
- Non alcoholic beverages with meals (one bottle of water or soft drink; tea or coffee)
- Comprehensive daily itineraries including escorted tours of local cultural sites and museums
- Special Balinese performances
- Visits with Balinese visionaries, royal families, healers, academics
- Sacred temple sites/ceremonies
- Private palace tour with Balinese royal family
- Academic program and visits to local medical facilities as indicated in the itinerary
- All admission fees (except those specifically noted in the itinerary)
- Services of a local English speaking cultural expert and guide
- CME program including tours of various local medical facilities spouses (Academic Program Certificate provided) with separate programs for spouses
- Hosting by our Group Leader and Medical Director, Dr. Peter Bloch and his wife, Mary

\*\* meet and greet services and airport arrival and departure transfers are included if you are travelling on our group arranged flights – if you choose to arrange your own international flights (and they arrive / depart at different times to the group flights) additional private transfer costs will apply

### Exclusions -

- Any meals or activities not mentioned above
- Camera / video entrance fees (where applicable)
- Personal expenses (laundry, telephone / internet usage, drinks)
- Gratuities for local tour escort / guides and drivers
- Entry visa
- Travel insurance – please note, **travel insurance (including medical and trip interruption coverage) is highly recommended** for this tour. Coverage is available through Doctors-on-Tour with Manulife Insurance – please check for further details in our brochure (page 20)

Online registration is available at <https://fs22.formsite.com/Doctorsontour/BALI2504/index.html>

For **invoicing** purposes re doctors and their spouse, we can also provide a separate invoice with the doctor's air cost plus 100% of the accommodation costs included in the doctor's invoice.

**THIS HIGHLY LATEST DEPARTURE OF OUR POPULAR PROGRAM HAS LIMITED CAPACITY AND, AS WE HAVE ALREADY RECEIVED A HIGH LEVEL OF PRE-REGISTRATIONS FROM CLIENTS, WE ARE EXPECTING IT TO BECOME FULLY SUBSCRIBED QUICKLY AND LIKELY WELL IN ADVANCE OF THE EARLY BOOKING DEADLINE (WHEREBY YOU WILL SAVE \$1,000/COUPLE) OF JANUARY 27, 2025**

### Misc information you need to know...

#### Travel documentation and visas (as at October 2024)

A visa on arrival is required for Canadian, US and UK citizens for entry into Indonesia (cost US\$35).

Your passport must have an expiry date of no less than 6 months after your exit date from Bali.

Citizens of other countries should check their requirements at <https://cibtvisas.ca/>

#### Mandatory vaccinations – NONE

There are no mandatory vaccinations required at the present time (October 2024) for entry into Bali (unless you have travelled to a Yellow Fever infected country in the six months prior to arrival in Indonesia, in which case proof of Yellow Fever vaccination is required at immigration).

#### Recommended medical precautions

Travellers should always ensure that they are up to date on **routine vaccines** such as measles-mumps-rubella (MMR), diphtheria, tetanus, pertussis, polio, typhoid, varicella (chickenpox) and influenza and COVID-19.

Hepatitis A/B vaccinations are also recommended for travel to Bali

There is no requirement for malaria precautions in Bali.

## Travel insurance information... Coverage available through Manulife Insurance

We strongly recommend that you take out travel insurance to protect you against the unexpected due to, in particular, limited provincial health care coverage afforded to Canadians while traveling overseas and the cancellation provisions inherent in your booking. We offer two insurance coverage options –

**Non-medical Inclusive package** - There are **significant inherent cancellation penalties** associated with your booking as detailed in our booking terms and conditions and this insurance package provides coverage for all monies paid for your trip if you should have to cancel due to medical, or other listed, reasons either relating to yourself or a member of your immediate family. It also covers you for trip interruption costs short notice return flight home etc) for medical reasons again, either relating to yourself or an immediate family member as well as flight and travel accident and baggage insurance.

**All-Inclusive package** – provides coverage for all the components in the non-medical package, plus unlimited health coverage while in the destination

Note, if you believe you may have coverage through your **credit card** we would strongly advise checking with the credit card company the actual coverage afforded to ensure it covers medical, trip cancellation and trip interruption as not all of these items are covered (or may only offer limited coverage as to trip duration or insured \$amount in the event of a claim - sometimes as low as only \$1,000 per person) by all kinds of cards.

**"Cancel for any reason (CFAR)" coverage - NEW and at no additional cost !!**

So long as you **purchase either of the two insurance policies above at the same time as your tour booking**, you are automatically entitled to this added benefit of CFAR coverage whereby, if you need to cancel your tour booking up to 14 days or more before departure **for any reason**, your policy will refund you up to a maximum of 50% of the cancellation penalties incurred. This is excellent peace of mind coverage to protect you against (50% of the) cancellation penalties incurred in a situation where the reason for cancellation is not one of the regular covered risks in your policy (ie it is essentially "change of mind" insurance).

Our insurance premiums (dependent upon your age at the time of purchasing insurance and your total tour costs) are below

Total insurable costs (\$/person)	NON-MEDICAL INCLUSIVE									ALL-INCLUSIVE									
Age>	0-54	55-59	60-64	65-69	70-74	75-79	80-84	85+	0-54	55-59	60-64	65-69	70-74	75-79	80-84	85+			
4000 - 4500	349	369	413	455	476	620	759	1,003	432	450	558	640	940	1,069	1,437	1,513			
4500 - 5000	376	399	448	495	519	674	824	1,079	459	480	593	681	986	1,129	1,513	1,599			
5000 - 5500	403	429	483	536	563	728	889	1,155	486	510	629	721	1,031	1,188	1,589	1,686			
5500 - 6000	430	458	518	576	606	782	954	1,230	513	539	664	762	1,077	1,247	1,664	1,772			
6000 - 6500	457	488	553	617	649	836	1,018	1,306	540	569	699	802	1,123	1,307	1,740	1,859			
6500 - 7000	484	518	588	657	692	890	1,083	1,381	567	599	734	843	1,169	1,366	1,815	1,945			
7000 - 7500	511	548	623	698	735	944	1,148	1,457	594	629	769	883	1,215	1,426	1,891	2,031			
7500 - 8000	538	577	658	738	779	998	1,213	1,533	621	658	804	924	1,261	1,485	1,967	2,118			
8000 - 8500	565	607	693	779	822	1,052	1,278	1,608	648	688	839	964	1,307	1,544	2,042	2,204			
8500 - 9000	592	637	728	819	865	1,106	1,342	1,684	675	718	874	1,005	1,353	1,604	2,118	2,291			
9000 - 9500	619	666	764	860	908	1,160	1,407	1,759	702	747	909	1,045	1,399	1,663	2,193	2,377			
9500 - 10000	646	696	799	900	951	1,214	1,472	1,835	729	777	944	1,086	1,445	1,723	2,269	2,463			
10000 - 10500	673	726	834	941	995	1,268	1,537	1,911	756	807	980	1,126	1,490	1,782	2,345	2,550			
10500 - 11000	700	755	869	981	1,038	1,322	1,602	1,986	783	836	1,015	1,167	1,536	1,841	2,420	2,636			
11000 - 11500	727	785	904	1,022	1,081	1,376	1,666	2,062	810	866	1,050	1,207	1,582	1,901	2,496	2,723			
11500 - 12000	754	815	939	1,062	1,124	1,430	1,731	2,137	837	896	1,085	1,248	1,628	1,960	2,571	2,809			
12000 - 12500	781	845	974	1,103	1,167	1,484	1,796	2,213	864	926	1,120	1,288	1,674	2,020	2,647	2,895			
12500 - 13000	808	874	1,009	1,143	1,211	1,538	1,861	2,289	891	955	1,155	1,329	1,720	2,079	2,723	2,982			
13000 - 13500	835	904	1,044	1,184	1,254	1,592	1,926	2,364	918	985	1,190	1,369	1,766	2,138	2,798	3,068			
13500 - 14000	862	934	1,079	1,224	1,297	1,646	1,990	2,440	945	1,015	1,225	1,410	1,812	2,198	2,874	3,155			
14000 - 14500	889	963	1,115	1,265	1,340	1,700	2,055	2,515	972	1,044	1,260	1,450	1,858	2,257	2,949	3,241			
14500 - 15000	916	993	1,150	1,305	1,383	1,754	2,120	2,591	999	1,074	1,295	1,491	1,904	2,317	3,025	3,327			



**For residents of Ontario**, simply accept your choice of insurance (Non-medical Inclusive or All-Inclusive coverage) on our *online* registration form and we will apply the premium above on your invoice confirmation (if using our *pdf* registration form, enter the applicable premium from the above table when completing the registration form)

**For residents of Canadian provinces other than Ontario**, insurance regulations state that travel insurance should be taken out directly with Manulife Insurance, albeit through a direct web link hosted on our web site, ie you should purchase your travel insurance policy by simply following the link below to take advantage of our preferred rates with Manulife) via our company's exclusive Manulife link:

<https://www.igoinsured.com/direct/ManulifeWorld.aspx?ag=ONTOTPR>

A detailed overview of coverage benefits and limitations of each insurance policy that we offer through Manulife may be found at -

[www.doctorsontour.ca/manulife-travelinsuranceguide.php](http://www.doctorsontour.ca/manulife-travelinsuranceguide.php)

### **Non-Canadian residents**

For residents of countries outside of Canada (including the USA), insurance regulations allow us to sell "**Trip Cancellation**" insurance (this policy includes both trip cancellation and trip interruption coverage but not medical coverage). We do find that many of our overseas clients already have medical insurance through other channels and therefore, if this is the case, you may purchase "Trip Cancellation" coverage by following the link below to purchase the "Trip Cancellation" insurance policy (taking advantage of our preferred rates with Manulife) via our company's exclusive Manulife link:

<https://www.igoinsured.com/direct/ManulifeWorld.aspx?ag=ONTOTPR>

## **IMPORTANT INFORMATION**

### **Travel insurance that may be available through your credit card**

When considering any of the travel insurance policies above, if you believe you may have coverage through your **credit card** we would strongly advise checking with the credit card company the actual coverage afforded to ensure it covers medical, trip cancellation and trip interruption as not all of these items are covered (or may only offer limited coverage as to trip duration or insured \$amount in the event of a claim - sometimes as low as only \$1,000 per person) by all kinds of cards. Also, most coverage through credit card benefits does not include Cancel For Any Reason (CFAR) coverage.

## Testimonials

"Great hotel facilities, excellent service – an extremely enjoyable, and educational, week  
Dr. Doug Wooster, Toronto – Chile, 2005

"Great company, well organized and interesting tours, educational lectures and great food (and wine....!) – Fantastic trip!"  
Dr. Ray Martin, Toronto – Argentina, 2006

"Thanks for planning such an amazing trip. Our congenial group enjoyed so many rich experiences together and collected memories to last a lifetime. Each day was an adventure!  
Andrea Maurice – Vietnam / Cambodia, 2007

"I want to express our appreciation for a wonderful trip. The tour operator and the guides were excellent and everything went very smoothly.... this was a tremendous trip which we will need to review again over the coming days to catalogue and appreciate all the places we visited and the marvelous things we saw.. Thanks again for all the hard work in putting the trip together with the memorable result that was achieved...  
Dr. Rudy Hyles, Mississauga – Ecuador & The Galapagos, 2008

"Wonderful people! Wonderful places!"  
Dr. Phil McGuire, Ottawa – Peru, 2009

"The organization and accommodation were both excellent. We were always looked after with consideration and provided with a wide variety of interesting activities and experiences. The guides were most helpful and informative. A wonderful tour!"  
Dr. Michael Dales, Toronto - Ecuador & The Galapagos, 2009

"I do not have words to express my appreciation and admiration for the your hospitality and service provided by your company and your partners on the ground in India"  
Dr. Sudhir Pandya – Northern India, 2009

"A wonderful trip. It was amazing to see so many different animals co-existing on the beautiful African plains. The Kenyan and Tanzanian people we met were gracious and welcoming.  
Our host/trip manager was excellent - very bright, knowledgeable, good problem solver, great people skills - a delightful man who really made our trip memorable. Our guide/driver was also excellent - very knowledgeable, an excellent driver and keen to make our safari experience a good one. We had lots of fun and learned a lot from him.  
I loved the parks and reserves - the Serengeti and Ngorongoro are absolutely amazing".  
Andrea Maurice, Toronto – Kenya & Tanzania – March, 2010

"The guides throughout the trip were superb, well informed with excellent local knowledge and willing to discuss any topic! The visits to the local hospitals were excellent. A fantastic tour!"  
Dr. Linda Stirk, Toronto - Ecuador & The Galapagos (and Peru), 2010

"We had a great visit to the Falls. Stefani was a very helpful guide. The hotel and facilities were fabulous. The tour overall was an exciting experience. Thanks to you both and Ian for the hard work and planning.  
Drs. Hirsch and Indra Rastogi, Ancaster – Brazil, 2011

"In addition to exploring the fantastic sights of Northern India, our group visited local hospitals and clinics to learn more about how medicine is practiced in India as well as in the SOS Children's village in Jaipur and the Mother Teresa charity Mission in Agra" - Dr. Serge Puksa, Northern India, 2011

"We found this tour to be a wonderful adventure... even more than we had anticipated. The planning and attention to detail on the ground ensured we had a comprehensive introduction to the many wonders of Ecuador. I will definitely consider participating in another program and will be certain to share details with my colleagues"  
Dr. Alison Kelford, Oakville - Ecuador & the Galapagos, 2011

"The trip surpassed all my expectations. The country itself was far more interesting than I thought and the tour itself was very well organized. The wineries were a treat and the physicians and their spouses were lots of fun. I would be happy to do another trip! "

Dr. Steven Traplin, Guelph – Spain Gourmet tour, 2011

"Spain greatly surpassed my expectations, offering wonderful gastronomic experiences, lavished with outstanding wines and extremely hospitable people with a culture and history that is as rich as deep. Fernando Garcia, through his many connections, was able to allow us access to exclusive vineyards , where we were submerged in to the local cuisine and regaled with their finest wines".

Dr. Peter Bloch, Oakville – Spain Gourmet tour, 2011

"Our guide was excellent, enthusiastic and knowledgeable. Cooking classes were good and the hotels were excellent"

Dr. Barbara Flanagan, Charlottetown – Vietnam, Laos & Cambodia, 2012

"Excellent! Loved the trip and well worth it. Life changing experience, excellent speakers and very well organized. Met some great people and will keep in touch for future trips. Will definitely book another doctors-on-tour trip in the future"

Dr. Janel Gracey, London – Bali, 2012

"We really enjoyed the tour of Bali and we were glad that we could do it with Dr. (Mel & Bonnie) Borins who showed us the real Bali and not the tourist angle. Every moment was an experience of it's own. Thank you so much for organizing such a unique experience"

Dr. Nilam Clerk & Shobha Amin, Toronto - Bali, 2012

"A quick personal note to tell you how much we enjoyed our trip to Spain & Portugal. The whole agenda was well planned and well carried out. The winery visits and dinners were amazing, we learned so much about the history and making of Port."

Dr. Blair Fraser, Guelph – Spain & Portugal, 2012

"We had a magical time in Machu Picchu - such a spiritual time at day break - our guide was great! Many thanks for the fabulous trip - memorable and well organized. Your company does such a great job and such an opportunity for us, and what a great group of people to share such an amazing trip with".

Dr. Paul Bates, London – Ecuador & the Galapagos, Peru 2012

"What an amazing trip this was ! Your company did such a fantastic job – well organized with wonderful support staff – everything left on time, great food, weather & traveling companions – and (our guide) Gonzalo was the best ! Thank you very much for such an unforgettable adventure".

Jack & Lore Brown, London - Ecuador & the Galapagos, 2012

"I have been fortunate to enjoy four trips with doctors-on-tour since 2009 - to Ecuador, Vietnam/Cambodia/Laos, India and Bali. All these tours were wonderful. Well-organized, excellent accommodations, top notch guides, remarkable CME experiences that broaden one's outlook on medicine and really great leaders of the tours. You should seriously consider taking one of these exotic trips. Beats lying on a beach!"

Dr. Linda Rapson, Toronto – 2013

"We enjoyed our extension to the UAE and saw an amazing amount in a short time. Our guide was very helpful, informative and pleasant and we appreciated how he was able to inform us about the country, it's people and customs. Excellent !"

Drs Christopher & Margaret Ibey, Parry Sound, On. – United Arab Emirates, 2013

"The whole trip was wonderful and very well organized. We appreciated the advance preparation information packages. The hotel accommodation was excellent and the guides provided a lot of background information in Indian culture and society which made the trip even more valuable as a learning experience. We enjoyed all of it – including meeting Dr. Peter, & Mary, Bloch (Group Medical Director) and the great people in the group!"

Dr. Ron Eliosoff, Ottawa - South India, 2013

"Excellent trip – hotels, guides, food and company and we saw such wonderful sites.

Dr. Martin and Eileen McIntyre, Brantford - Vietnam, Cambodia & Laos, 2013



"We had a wonderful trip. It was such an interesting mix of people that we laughed all the way through - an amazing experience and a fabulous time. The Pantanal was awesome and we also totally loved the old colonial town of Paraty. We enjoyed ourselves so much we are thinking of signing up for another one soon. Thanks again - you did a wonderful job - it was a dream".

Dyana Driscoll, Toronto – Brazil, 2013

"I was extremely pleased with my second trip through Doctors-on-Tour to Kenya & Tanzania - the tour was one of the most amazing things I have experienced!"

Dr. Kerri McGuire, Ottawa - Kenya & Tanzania, 2013

"Fantastic experience! Every detail to perfection."

Dr. Les Marien, Orangeville, On. - Spain Gourmet, 2013

"Had a great time! Very well organized"

Dr. Yusuf Januwala, Ipswich, Queensland, Australia - Ecuador (Galapagos) & Peru, 2013

"Our guide was amazing - so professional and knowledgeable. Great itinerary - Well done !"

Dr. Susan Smith, Frederickton, N.B - South Africa, 2014

"We had a wonderful trip. Places we stayed during the tour were all very nice and every one had a good time. Your local tour manager was wonderful, extremely helpful and very well organized. Thanks again for all your help"

Dr. Kumar Banerjee, Vancouver, B.C. - South India, 2014

"We felt the tour is one of the best (CME tours) we have been on. We keep missing the great Chilean wines and Argentinian beef. Right sized group and great company. CME tours were interesting and informative. Our guides were good and I enjoyed learning about the country from their comments".

Dr. Eduardo Aenlle, Fallbrook, California - Chile, Argentina and Patagonia Cruise, 2014

"It was an amazing trip thru Vietnam, Cambodia & Laos. It exceeded all our expectations. Our group leaders were gracious hosts. Their thirst for adventure and generosity of spirit added so much to our trip. The group we traveled with were a great bunch and we hope to cross paths in the future. The CMEs were informative and I enjoyed seeing the varied medical sites in each country"

Dr. Tom Stark, Timaru, New Zealand - Vietnam, Cambodia & Laos, 2014

"Macchu Picchu and Galapagos were the highlights. Wonderful guides, very well organized and enjoyable. Tour leader did a great job !"

Dr. Michael Garner, Montreal, QC - Ecuador (Galapagos) & Peru, 2014

"Our guide was absolutely fabulous - she took superb care of us and added so much to the trip through her knowledge of New Zealand history, flora and fauna. Peter and Mary (Bloch) were wonderful medical leaders - calm, helpful, interesting and vivacious - kudos to them."

Drs. Peter & Louise Bobechko, Toronto, On. - New Zealand, 2015

"I really enjoyed this tour - Rajasthan and Agra are beautiful. Our tour escort, Kumar, has great people skills, and has been very attentive to everyone's needs - Himanshu has been an excellent guide and is very knowledgeable. We would love to return to India on your South India program"

Dr. Rajalaxmi Wong, North Bay, On. - North India, 2015

"The trip to South Africa was awesome - I would rank it up there with my favorite so far with Doctors on Tour. The people in our group were wonderful - it was a total joy and I can see now why South Africa is one of your favorite destinations"

Dyana Driscoll, Toronto, On.- South Africa, 2015

"Bob and I enjoyed the time shared with each of you in Bali, My expectations for the tour were met and exceeded .It really was a small window into the Balinese culture. To (our group leaders) Bonnie and Mel, Thanks! Hope this isn't our last tour. You all were interesting and gracious, Terima Kasih. Salammat Jalan"

Dr. Bob & Evelyn Lawler, Gibsonia, PA - Bali 2015

"The tour was amazing"

Dr. Doug MacIntosh, Peterborough, On. - Bali, 2015

"We had a fabulous experience, enjoying a fun group of travelers and loving the beautiful art and history of Spain. The warm, friendly and family culture feeling of Spain was memorable and a testimony to the connections of Chef Fernando Garcia".

Dr. Gerry Mittler, Vancouver, BC - Spain Gourmet, September 2015

"Thank you for your excellent guidance during our trip to Ecuador. the trip was very good, and the logistics and handling of the group were excellent"

Dr. David Spence, London, On - Ecuador (including the Galapagos and Amazon), 2015

"The trip was exceptional in every way. Our guide was more than just a tour guide - the knowledge she shared was detailed and interesting - what an ambassador for her country! The high level of care that she offered was above and beyond anything that we have ever experienced. We thoroughly enjoyed every minute of this trip! Thank you!"

Dr. Les Marien, Orangeville, On - New Zealand, 2016

"The tour guides in each country were excellent. Fabulous trip!"

Dr. Gail Neild, Woodbridge, On. – Vietnam, Cambodia & Laos, 2016

"An enjoyable and enlightening tour"

Dr. Brian Davies, Sarnia, On. - China, 2016

"A great exposure to Balinese culture and the spiritual aspects behind their healing philosophy"

Dr. Karyn Klapcecki, Toronto, On. - Bali, 2016

"An extremely interesting, informative and invigorating tour. The medical CME components were excellent and I'm glad that we were able to see and experience so much".

Dr. Paula Chalmers, Vancouver, B.C. - South Africa, 2017

"Myanmar was very well organized and our guide was excellent - the best I have ever had! The sites and activities in Bhutan were very enjoyable and the local medical facilities and clinics that we visited as part of the CME were good"

Dr. Brenda Cholin, North Battleford, SK - Myanmar & Bhutan, 2017

"It was an incredible tour - we saw so much !"

Dr. Mo Meghji, Kitchener, On. - Argentina & Chile, including Patagonia cruise, 2017

"This was a very good tour. The progress that the country has made over the years has been very significant. However, China still has multiple levels of Red Tape, both public and private that will not change ever, so it must be accepted. Overall a 9.5 out of 10 !"

Dr. Ted Erb, Waterloo, On. - China, 2017

"Everything was excellent! We had a wonderful time. Hotels were superb. Thank you again for the well organized, all details worked out, great trip!"

Dr. Andrea Cordas, Burlington, On. – South India, 2017

"It was our first trip with your company. John and I loved it. The itinerary was perfect. Busy days followed by quieter ones. Lorna and Ashley were lovely and so capable! The coordination was superb. Thank you. We had the trip of a lifetime!"

Dr. John Gapski, Mississauga, On. – Ecuador & Galapagos, 2017

"We really enjoyed traveling with an interesting group of professionals which gave us the opportunity to visit places where the public normally does not have easy entry. Excellent pre-departure information and the tour was well-balanced with a mixture of historic and social highlights, while travelling through very different landscapes and areas of the country. The public/private health care system was well described on the Groote Schuur Hospital tour and the children's' song and dance performance at SOS children's village in Cape Town was touching. Our local tour guide was outstanding [5+++] and provided excellent context for the political, economic and social aspects of SA. He was calm, professional, responded quickly to everyone's needs and was very proud of his country".

Helle & Tony Tosine, Toronto, On. – South Africa, 2017

"We really enjoyed New Zealand and the services provided by your company. The Academic Conference presentations were top caliber and contained information useful to both the specialist and generalist. I enjoyed getting to know and learning from the other group participants. We would recommend this trip and plan to travel with Doctors on Tour again".  
Dr. John Britt, Winston-Salem, NC - New Zealand, 2018

We enjoyed our trip very much. The hotels we stayed in were superb, the itinerary was great and the guides, both in Bhutan and in Myanmar, were fabulous. Overall it was a wonderful, memorable trip. Thank you very much!  
Dr. Sabine Ernsting, Adelaide, South Australia - Bhutan & Myanmar, 2018

So many highlights – favorites include Cape of Good Hope, Table Mountain, Kapama Game Reserve – because of excellent game rangers and trackers – saw the big 5 and so much more. Our local escort – excellent!!! Bus drivers also excellent. Coaches comfortable – great bonus to be able to charge cell phones inside buses. Bottom line – Awesome experience!!"

Dr. Cinda Lee, Toronto, ON - South Africa, 2018

"Local exposure to Eco-Conservation was great. Excellent cultural experience to local Balinese belief and way of life"  
Dr. Chandra Vaidyanathan, Ottawa, ON – Bali, 2018

"Great trip! Very fortunate I could participate"  
Dr. Anne McNeilly, London, ON – Bali, 2018

"I found this to be a very well organized trip. It exceeded my expectations. I'd like to repeat it, but I'll join your other trips instead. Too much to see and to learn in this world."  
Dr. Kas Tuters, Toronto, ON – Bali, 2018

"This trip was remarkably well organized and a truly memorable experience. I would not hesitate to give it my highest recommendation and might even go again! Soon!"  
Dr. Mary Bruckschwaiger, London, ON – Bali, 2018

"I totally loved Singapore and Malaysia. The local escorts were honestly a ten star. There was nothing they would not do for us".  
Dyana Driscoll, Toronto, On. – Malaysia & Singapore, 2018

"This was an exceptional trip – thanks again! Everything was perfectly well orchestrated. It feels like we have been travelling for more than two weeks. We have learned so much. We will definitely recommend this trip to our friends. We have seen so many things. We have had exceptional guides. The group we travelled with was fantastic! Again, an amazing adventure!"  
Dr. Collette Deslandres-Leduc, Montreal, Qc. – Ecuador and Peru, 2018

"Good guides, amazing sightseeing, loved the Patagonia cruise"  
Dr. Chantal Breton, Kirkland, Qc. - Argentina & Chile, including Patagonia cruise, 2019

"Thanks for sending along (the song that you wrote about Bali) and for everything else. your stories, tips, enthusiasm, quiet presence and good company. This trip was certainly quite special. Please also pass on my thanks to Bonnie. Take good care"  
Dr. Louise Lefort, Ottawa, On. – Bali, 2019

"This was an excellent unique tour combining both the cruise and a varied land component with spectacular sights ! Great group and local tour escort and cruise staff!"  
Dr. Evelyn Brett, Toronto, On. – Iceland circumnavigation cruise and land, 2019

"Peter & Mary Bloch did an excellent job leading the group. The guides and others were very helpful and excellent - Amit 5\*, plus Sheva and team. I thoroughly loved the trip. It exceeded my expectations. The people are so sweet and lots of smiles! This is a great place to visit."  
Dr. Vickie Carducci, Kilworthy, On. - Northern India, 2019



"Malaysia was exhilarating! We had a wonderful, adventurous time, especially in the Borneo Rainforest. The local guides (Malek and Hirzan) were very friendly and helpful, very well versed in the history of Malaysia and we learnt a lot. The canopy walk was breathtakingly hair-raising. The tour was very well organized and the optional stay in Singapore was very relaxing. We look forward to more of your tours in the future".

Dr. Shiraz Walji, Calgary, AB - Malaysia & Singapore, 2019

"Our guide was excellent! Really enjoyed Singapore."

Dr. Trevor George Lewis, North York, On – Malaysia & Singapore, 2019

"Fantastic trip – well organized, packed with loads of things to do and see – but did not feel 'superficial'. Just loved the opportunity to do and see so much. The group was fantastic – made new friends. Ian was a great tour leader"

Dr. Lorraine Manzig, Toronto, ON – Ecuador & the Galapagos, 2019

"Your tours are great. Thanks for the experience!"

Dr. Ikenna Ezeilo, Lethbridge, On. – South East Asia, 2020

"We enjoyed our experience in Iceland. Rachel and Joel (Kassner) do a great job as group leaders."

Dr. John Britt, Winston Salem, NC - Iceland circumnavigation cruise and land, 2022

"Fun, food, fellowship, culture, history, knowledge, perspectives, some ailments & mishaps — all packed in 12 days. Thanks everyone for enriching Kitty & my life! This is by far the most magical CME trip we've ever had for the past 3 decades! 😊😊"

Dr. Wing Lim, Sherwood Park, AB - Spain Gourmet tour, 2022

"We are having a fantastic time.

Great group - have made many new friends.

We are ecstatic to be here.

(our local tour escort) Malik is a kind and patient person who gives 110% of himself - he truly goes above and beyond to make sure everyone is happy.

Thank you. Thank you Thank you."

Drs. Loraine Manzig and Kevin Sliwicz, Toronto, On. - Malaysia & Singapore, 2022

"Excellent guidance and interesting sites. Sahara desert trip was fantastic - really enjoyed the drive out over the dunes - camel ride excellent ! Felt safe at all times, including in the cities. A very good cultural experience leading to a great appreciation of this beautiful country".

Dr. Les Marien, Orangeville, On. - Morocco, 2022

"Need another vacation after this trip as we saw so much! The group was fantastic and fun to be with. We enjoyed everyone's company!"

Dr. Nihad Ali-Ridha, Toronto, On. – Vietnam, Cambodia & Laos, 2023

"Thank you so much for arranging this very special adventure.

It was wonderful! I so wish I had done it sooner so I could do it again.

Our local tour escort (Dion) was so knowledgeable, willing to share the history of the country in a way that helped us understand the WHY as well as the WHAT of the history of that breathtakingly beautiful country while he made us each feel welcome and valued as visitors. He obviously loves his homeland and has reason to do so.

The group was very compatible and new friendships were made. Caroline was very efficient".

Dr. Pat Barry, Burlington, On. – South Africa, 2023

"The Japan experience ranks among the very best offered by DoT - seamlessly blending the country's rich history and culture with outstanding cuisines and activities. The farewell Kimono dinner with Geisha entertainment was particularly noteworthy as well as the beauty of the Five Lakes region, majesty of Mt. Fuji, the ryokan experience and the many beautiful Japanese gardens and historic sites! Outstanding experience!"

Dr. Bruno Salena, Ancaster, On.- Japan, 2023

"This was an excellent trip – my 2<sup>nd</sup> time with Doctors-on-Tour to Iceland and I would do it again! I enjoyed seeing a few new locations and different restaurants (thanks to Thordis). I can't recommend this trip highly enough! As all of your tours have been, it was well planned, well organized and very good value. Thanks so much. See you next year in Japan!"  
Dr. Mary Bruckschwaiger, London, On. - Iceland Circumnavigation Cruise and Land, 2023

"A wonderful trip. A busy itinerary but allowed freedom for personal time. Cannot say enough about the knowledge, enthusiasm and energy of our guides - always willing to cheerfully go that extra mile. Hotels were all high quality and well located."  
Dr. Stephen Pond, Fredericton, NB – Spain, 2023

"Our trip to Morocco exceeded all expectations. We left with a better understanding of the country, its people and culture. The information, locations, activities and meals were exceptional. Our knowledgeable tour guide Mustapha answered any and all questions with pride. Our driver Mohamed was incredible and we always felt safe with him at the wheel. Our group leader and medical director Dr. Rachel Kassner, along with her husband Joel, had our days and nights running smoothly. They included the entire group and went above and beyond to care for everyone. A trip we will always remember. We loved the format of the trip and will definitely be booking with you in the future"  
Dr. Moses Rambaran, Miramichi, NB - Morocco, 2024

"Shioji is a great tour guide, attentive, fun, knowledgeable and speaks English well. Definitely deserves more tours in the future. This trip was well run with right mix of culture, scenery, great food, etc. Having luggage sent by truck and placed in rooms a great feature. Well done CME and Marg and Steve!"  
John & Anne Wolff, Ancaster, ON – Japan 2024

## And about your Group Leaders and Medical Director, Dr. Peter, and Mary, Bloch (Oakville, On.)

"Very well organized ! - Peter & Mary were excellent in encouraging productive and enjoyable interactions between group members which resulted in a cohesive and unified group and resulted in the whole tour unfolding smoothly"  
Dr. Elizabeth Weber, Toronto - Spain, 2011

"Peter and Mary were excellent hosts (as usual). It was particularly helpful having Peter at the ATMs which seemed to mystify me. It was also wonderful having Peter talk about Chile - growing up there, his summers in Vina - our own personal tour guide!  
Andrea Maurice, Toronto – Chile & Argentina, , 2012

"I am writing to let you know how much we enjoyed our recent trip to India. We all agreed that Peter and Mary were exceptional hosts. They were incredibly warm and welcoming and were on top of situations as they arose"  
Dr. Ron Eliosoff, Ottawa - South India, 2013

"I want to give you some feedback on our amazing trip to South Africa. Our guide Craig was exceptional; lunch at La Petite Ferme was a highlight, great food, wine and scenery; in Swaziland, glass factory was very good the candle factory was great; Kapama River (Game) Lodge - amazing ! Soweto - great ! Overall it was a great trip, the group was easy to get along and of course Peter and Mary were great group leaders!"  
Dr. Steve and Marg Szarka, Hamilton, On. - South Africa, 2014

"It was an amazing trip thru Vietnam, Cambodia & Laos. It exceeded all our expectations. Peter and Mary (Bloch) were gracious hosts. Their thirst for adventure and generosity of spirit added so much to our trip. The group we traveled with were a great bunch and we hope to cross paths in the future. The CMEs were informative and I enjoyed seeing the varied medical sites in each country"  
Dr. Tom Stark, Timaru, New Zealand - Vietnam, Cambodia & Laos, 2014

"Our guide was absolutely fabulous - she took superb care of us and added so much to the trip through her knowledge of New Zealand history, flora and fauna. Peter and Mary (Bloch) were wonderful medical leaders - calm, helpful, interesting and vivacious- kudos to them."  
Drs. Peter & Louise Bobechko, Toronto, On. - New Zealand, 2015

"Mary & Peter were definitely an 11 (out of 10). I thought they were absolutely amazing, kind and friendly"  
Dianne Fournier, Toronto, On. - China, 2016

"Excellent tour guide - Excellent meals! Peter and Mary did a great job.  
Dr. Sy Lam, Calgary, AB - South Africa, 2017

"Peter and Mary Bloch – great hosts, helped bring participants closer and engage as a group"  
Dr. Jack Richman. Oakville, On. - Iceland circumnavigation cruise and land, 2019

"Thanks to you and Mary for your all your care and attention. It was a fantastic trip. Sorry we slept through happy hour... 😊"  
Dr. Sonia and Joel Kurtz, Toronto, On. - Iceland circumnavigation cruise and land, 2019

"Very good tour – very good guides, very good, friendly and helpful group leaders, Peter and Mary – a pleasure! Excellent tour organization and visits."  
Dr. Michael Garner & Dr. Jeanne Teitelbaum, Montreal, QC – Northern India, 2019

"Peter & Mary did a marvellous job !"  
Dr. William Callaghan, Ottawa, On. - Spain Gourmet, 2022

Dr. Peter and Mary Bloch were exemplary in their role as group leaders. Mary is a gem! Outstanding experience!  
Dr. Bruno Salena, Ancaster, On. - Japan, 2023





Doctors-on- Tour – Ecuadorian Amazon



Doctors-on-Tour - India



Doctors-on-Tour – Spain



Doctors-on-Tour - Chile & Argentina



Doctors-on-Tour – South East Asia



Doctors-on-Tour – China

## The fine print...

Please take the time to read and understand the Terms and Conditions of booking set out below prior to booking a tour with us.

The Terms & Conditions contained herein are the terms under which Doctors-on-Tour and on-Tour (being operating brands of Britcan International Consulting (B.I.C.) Inc. and together, for the purposes of these Terms & Conditions, being referred to collectively as DOT/OT/BIC) accepts reservations. Our liabilities are limited. When you make a payment of deposit and/or final payment, it is also an acknowledgement of receipt and acceptance of these Terms and Conditions.

**1. RESERVATIONS & DEPOSIT:** Early reservations are recommended to guarantee your reservation as several of the accommodation providers with which we make arrangements on your behalf have limited capacity. All services are strictly on a request basis, both for air travel and land requirements and subject to availability of seats and hotel/lodge/camp rooms and cruise cabins. A guaranteed non-refundable deposit of \$500 per person (with the exception of \$800 per person for Morocco and \$1,000 for Japan, Malaysia, South East Asia and Sri Lanka programs; \$700 per person for programs which include a cruise component, \$1,000 per person for Iceland cruises), together with the applicable travel insurance premium, is required with your reservation request. Tour extensions and, where applicable, seat upgrades in aircraft cabin categories higher than economy, are also subject to additional non-refundable deposits as detailed in each specific program's brochure. Reservations made for travel within 95 days (105 days for programs which include a cruise component) of the travel date will require full payment at the time of reservation. Certain non-standard arrangements may require higher deposit and the same will be advised to you at the time of booking. Please be aware that some airfares (outside of our group air blocks) require full payment at time of booking and will be advised to you accordingly at the time of your booking confirmation.

**2. FINAL AND/OR BALANCE DUE PAYMENT:** Guaranteed payment of all balances due is no later than 95 days (105 days for programs which include a cruise component, 110 days for Sri Lanka programs and 125 days for Morocco programs) prior to departure date. If payment of the balance due is not received by the stipulated date, we reserve the right to cancel your reservation without refund of deposit.

**3. CREDIT CARD PAYMENTS:** Visa & MasterCard credit cards are accepted as form of payment. We do accept any other kinds of cards, including either American Express or Diners Club. Your online authorization by way of our Online Registration Form acts as your approval for the credit card provided as part of your registration to be charged for both the initial deposit (and travel insurance premium, where applicable) as well as the future balance payments on the date they become due, together with any other charges due relating to the booking that have been requested by you in writing (including by current or future electronic mail communication). For registrations that are not received via our Online Registration Form, but instead are forwarded to DOT/OT/BIC by mailing, faxing or e-mailing a scanned completed copy of our (non-online) Registration Form, your signature on such (non-online) Registration Form verifies your approval for your credit card to be charged. No services will be provided without receipt of either the authorized Online Registration Form or the duly signed (non-online) Registration Form. Third party payments may have restrictions.

**4. CANCELLATIONS & CHANGES:** The deposit amounts (for both the main tour and any optional extensions reserved), as well as any travel insurance premiums paid, are 100% non-refundable and non-transferable. Cancellation penalties for bookings cancelled by the client after the final balance due date (95 days before departure; 105 days before departure for programs which include a cruise component; 110 days for Sri Lanka programs, 125 days for Morocco programs) are as follows: 95 – 61 (105 - 61 days for programs which include a cruise component) days before departure – 25% of total price paid; 60 – 31 days – 50% of total price paid; 30 days or less – 100%. Our Morocco and Sri Lanka programs have different cancellation penalties after the balance due date, as follows ; Morocco : 125 – 91 days before departure – 20% of total price paid; 90 – 61 days – 35% of total price paid; 60 – 31 days – 50% of total price paid; 30 days or less – 100%; Sri Lanka : 110 – 91 days before departure – 20% of total price paid; 90 – 61 days – 35% of total price paid; 60 – 31 days – 50% of total price paid; 30 days or less – 100%. (Notwithstanding the foregoing, any domestic Canada flight purchased as an additional service to the advertised package is 100% non-refundable irrespective of the date of cancellation). If payments are not received by their due dates, we reserve the right to cancel the booking without further notice. Bookings are non-transferable. There will be no refund for unused land arrangements after departure from North America. In the event of the cancellation by DOT/OT/BIC of any or all components of the travel services offered herein, DOT/OT/BIC will offer either a refund, or future travel credit, depending on the situation with our supplier partners subject to any specific penalties relating to airline seats that would be out of our control and would obviously be dependent upon the air ticket conditions as well as any cancellation penalties that may be charged by third party suppliers of services at the destination. Irrespective of whether a tour booking is cancelled by the client or if any or all components of the travel services are cancelled by DOT/OT/BIC, airfares may be subject to different rules and cancellation fees including some airfares may be fully non-refundable once the booking is confirmed regardless of when it was made including upgraded air cabin classes (ie premium economy, business and first class cabins) which are subject to different rules and cancellation fees based on the individual fare class in which the seats are purchased.



**5. TRAVEL INSURANCE:** To protect against cancellation charges, we strongly recommend purchasing Cancellation Protection and Travel Interruption Insurance. In the event of illness, medical and hospital expenses are the traveler's responsibility and no refunds will be made, partial or total, for the purchased tour. We strongly urge that you purchase either the Non-Medical Inclusive insurance (ie Cancellation Protection and Travel Interruption Insurance), All Inclusive insurance (Non-Medical coverage plus health coverage), or the Premium Protection Plan insurance package (All Inclusive coverage with higher coverage limits) offered by DOT/OT/BIC through Manulife Insurance. COVID-19 is currently viewed as a pre-existing situation by all insurance companies, including Manulife Insurance, and therefore is an exclusion under those policies that include health insurance, ie All Inclusive and Premium Protection Plan insurance packages. For coverage relating to COVID-19 health claims while on your tour, Manulife offers separate coverage, ie COVID-19 Pandemic Travel Insurance. Some countries may require proof of medical insurance, including specifically for COVID-19.

**6. TRAVEL DOCUMENTATION, VISA & OTHER IMMIGRATION REQUIREMENTS:** A Canadian citizen must be in possession of a passport that must remain valid for a minimum of 6 months from the date of conclusion of their journey for all destinations offered with the exception of New Zealand, Spain/Portugal and countries on our Eastern Europe program where the passport must remain valid for a minimum of 3 months from the date of conclusion of their journey. Tour participants must also ensure that they comply with all visa and health requirements of countries they intend to visit.

For Canadian citizens, a tourist entry visa (or, in some cases, a reciprocity fee) is required for entry into the following destinations offered by DOT/OT/BIC -

- Bali (Indonesia), Bhutan, Brasil, China, India, Kenya, Myanmar, Sri Lanka, Tanzania, Vietnam (tourist entry visa, or a visa pre-approval letter in some cases, must be obtained prior to departure from Canada); Cambodia, Laos, Zambia (tourist entry visa may be obtained upon arrival in the destination)
- A tourist entry visa is not required for entry into Argentina, Chile, Ecuador, Iceland, Japan, Malaysia, Morocco, New Zealand, Peru, Singapore, South Africa, Spain and any country on our Eastern Europe program.

Non Canadian citizens may have different requirements. It is the passenger's responsibility to ensure that all his or her passport, visa and mandatory health vaccination requirements for entry into the country are met and the cancellation penalties referred to above will apply if a passenger is not allowed into the destination country (or determines in advance of departure that he will not be allowed into the destination country) due to lack of proper documentation including, but not limited to, passport, visa, customs, health or currency provisions required by the destination country thus preventing him from participate in the tour.

While COVID-19 remains an ongoing issue, some countries may introduce specific medical requirements for entry which may completing medical wellness declarations upon arrival and/or proof of a negative COVID-19 test and/or proof of having received an approved COVID-19 vaccination. Proof of medical insurance, including specifically for COVID-19, may also be required. As regulations and requirements continue to change by country, we will notify you of any specific necessary requirements for your destination closer to departure.

Final tour documents consisting of detailed tour itinerary, vouchers, and airline tickets will be forwarded approximately 2-3 weeks prior to departure subject to receipt of final payment.

**7. PRICING POLICY:** Accommodations and services at the destination are contracted in local currencies and/or US Dollars. Due to frequent fluctuations in currency exchange (as well as other factors beyond our control including, but not limited to, fuel costs, transportation taxes and airport and local surcharges), prices are subject to change with or without notice and surcharges may apply for which we would endeavor to inform you as soon as possible. However, once we have received your final payment we would either waive any price increase or allow you to cancel your booking without penalty.

**8. UNUSED PORTION OF THE TOUR:** No refund will be made for any unused accommodations, missed meals, transportation segments, cruise portions, sightseeing tours or any other service. Such unused items are neither refundable nor exchangeable.

**9. ACCOMMODATIONS:** We use a variety of accommodations on our programs with many of our properties specifically chosen to reflect the local style and culture of the region. Our rating system reflects the majority of the accommodations throughout each program but some variety can occur. Ratings are based not only on room quality but also on facilities and location. Accommodation ratings in overseas destinations outside of Canada are an arbitrary measure and their definition from country to country can differ slightly as well as not always being consistent between individual properties in that particular destination nor are they necessarily comparable to an equivalent rating in North America. Rooms are assigned by the respective supplier(s) on a run-of-the-house basis, in category (ies) as specified in the itinerary and the right is reserved to substitute properties/hotels/lodges/camps/cruise/ships as conditions warrant such change for reasons beyond our control. Accommodations on twin occupancy basis, is provided at the properties/hotels/lodges/camps/cruise ships as specified or similar. Single room supplements apply to persons occupying sole use of a room/cabin but travelling with other passengers on the same tour and sharing transport cost on transfers, game drives, coach tours, sightseeing and excursions. Quoted single room rate does not necessarily mean single occupancy of a double room, as several of the establishments offered have especially designed single occupancy units.



**10. SINGLE PASSENGERS TRAVELLING TOGETHER:** If you are travelling with a companion and each paying separately the regular each of two double sharing accommodation rate and your companion decides to cancel, the remaining travelling passenger will be responsible for either finding a replacement travelling companion to take the cancelled passenger's place or must pay the single supplement and travel on a single basis.

#### **11. AGE & HEALTH REQUIREMENTS:**

**Minimum Age:** The minimum age for the majority of our tours is 12 at the time of travel.

**Maximum Age:** We have no upper age limit for our tours though we inform you that our tours may include some components for which group members need to be in good physical condition in order to be able to participate. We will provide details on mandatory and recommended health requirements but it is your responsibility to ensure that you obtain proper and detailed medical advice at least 6 weeks prior to travel for the latest health requirements and recommendations for your destination and how they impact your own personal health situation.

**12. MEALS & BEVERAGES:** Meals as included on our itineraries are either buffet meals and/or table d'hôte. Meals ordered through room service are not included and must be paid directly to the establishment. Alcoholic beverages, soft drinks, and bottled water are included only where indicated on the itinerary. Unless specifically mentioned in your itinerary, all drinks (both alcoholic and non-alcoholic) are to be purchased and paid directly to the establishments.

**13. OPTIONAL TOURS & EXCURSIONS AND TOUR EXTENSIONS:** It is our intent to operate any optional tours & excursions and tour extensions on a private group basis. However, should the number of participants be of an insufficient level, we reserve the right to either

- (1) add a surcharge to the previously stated selling price to be able to still offer the extension on a private basis or
- (2) operate any individual tour on a shared basis with other non-group participants or
- (3) cancel the tour and provide a full refund of all monies paid.

No refunds can be provided for cancellation of any tour by the client while in the destination.

**14. SPECIAL REQUESTS:** While we will make every effort to accommodate special requests, eg., room/cabin locations, adjoining rooms, non-smoking rooms, bed preferences, special dietary meal requests, these cannot be guaranteed and DOT/OT/BIC cannot be held responsible if such requests cannot be fulfilled. Requests for upgrading rooms/cabins are subject to additional charges. Any deviations to the standard program arrival and departure flight dates should be notified to us by separate e-mail at the time of booking and are subject to availability and also any applicable flight class supplement.

**15. SEATING ASSIGNMENT ON FLIGHTS:** Our air arrangements are made via group contracts with the airlines and are therefore subject to more restrictive airline Terms & Conditions and policies than for seats purchased individually from airline web sites. If you have a particular seat request, we will do our best to fulfill it subject to the policies of the airlines. Certain airlines assign group seating automatically for which the specific location within the group block is out of our control and to which the airlines do not provide access for us to change specific seat locations; and several airlines do not allow for specific advance seat assignment at all in which case specific seats will be assigned at airport check-in.

**16. DOCUMENT DELIVERY:** Your travel documents will be sent to you approximately 3 weeks prior to departure. For bookings received within 3 weeks of departure, express delivery of documents will require a courier delivery fee of \$30 to cover extra handling and processing. Additional courier charges will apply for all residents outside of Canada, irrespective of when the booking is made.

**17. CONSUMER PROTECTION:** DOT/OT/BIC are licensed under the Ontario Government Ministry of Consumer & Corporate Relations, Travel Industry Act 1974, Registration No. 50009110. The Act is administered by the Travel Industry Council of Ontario (TICO), the government regulated body which is responsible for enforcing and monitoring the Travel Industry Act, including the protection of advance monies paid to its registrants by consumers. More information about TICO is available at <http://www.tico.on.ca/>

**18. NOTICE TO TRAVELLERS:** Canadians enjoy a living standard which is among the highest in the world. In other countries, the uninterrupted supply of water and electricity, local health conditions, levels of security and standards of food and beverages may sometimes differ from those enjoyed at home. Illness or inconvenience resulting from the services provided or omitted at the destination are outside the reasonable control of DOT/OT/BIC who bear no responsibility for such illness or inconvenience. DOT/OT/BIC cannot accept responsibility for the behavior of other guests/groups nor the unlikely event of the withdrawal of services or facilities due to local cultural and political events, or strikes.

## 19. ACCEPTANCE OF RISK:

You acknowledge that participation in overseas travel involves a degree of personal risk and that you may be visiting places where the political, cultural and geographical attributes present dangers and physical challenges greater than those present in our daily lives. You acknowledge that you are choosing to travel at a time where you may be exposed to epidemics and/or pandemics including, but not limited to, the COVID-19 virus. We will take all reasonable steps to ensure your safety and may require you to follow additional safety protocols on your trip.

We use information from government foreign departments and reports from our own contacts in each destination, including our local destination supplier partners, assessing whether the itinerary should operate. However, it is the responsibility of every traveller to acquaint yourself with all relevant travel information, including applicable health and safety risks and the nature of your itinerary including checking the Government of Canada's Travel Advisories page <https://travel.gc.ca/travelling/advisories> (for travellers resident outside of Canada, you should refer to the equivalent travel advisory sources of your own government) for information and updates about your travel destination in order to be aware of any issues that may impact the safety and security of your travel. You acknowledge that your decision to travel is made in light of consideration of this information and you accept that you are aware of the personal risks attendant upon such travel. To the fullest extent permitted by law, we accept no liability in relation to these additional risks.

**20. FORCE MAJEURE:** DOT/OT/BIC shall not be liable for any claims, losses, damages, costs, expenses, delays or loss of enjoyment, of any nature or kind whatsoever, resulting from events beyond our or a supplier's reasonable control, including but not limited to acts of God; war; civil commotion or insurrection; riot; blockade or embargo; fire; explosion; breakdown; union dispute, strike, lockout or other labor disputes or disruptions; earthquake; epidemic, pandemic or other health emergency; flood; windstorm or other extreme weather event; lack or failure of courses of supply; passage of any law, order, proclamation, regulation, restraint, ordinance, demand, requisition or requirement or any other act of any government authority, whether or not foreseeable, which would make it dangerous or not viable for a trip to commence or continue.

**21. OUR RESPONSIBILITIES:** DOT/OT/BIC makes arrangements with a network of third party suppliers, ie., airlines, tour operators, ground handlers, accommodation providers, cruise companies, activity providers, coach and transfer companies, car rental companies, tour and local guides, government agencies, and other independent contractors and individuals to provide you with the travel services and other services you purchase. Although we take care in selecting these third party suppliers, we have no control over them and, therefore, cannot be responsible for their acts or omissions. In the unlikely event that a particular hotel / lodge / cruise ship described in this brochure is not available we reserve the right to provide an alternate hotel / lodge / cruise ship of the equivalent standard. We also reserve the right to substitute another airline if the particular airline described in this brochure is not available.

The travel services provided by DOT/OT/BIC are subject to the applicable provincial Travel Industry Acts and Regulations and are subject to the conditions imposed by our third party suppliers and their liability is limited by their tariffs, conditions of carriage, tickets and vouchers and international conventions and agreements.

DOT/OT/BIC shall not be responsible for any loss, damage or injury, whether physical or mental, or to property, resulting from any delay, substitution or deficiency of quality of equipment or service, or any act, omission, negligence or commission of any party supplying any of the services or accommodation herein, its agents, servants, employees, subcontractors or for any claims for such loss, damage, or injury, whether physical or mental, arising therefrom, or from any cause that arises by reason of actions of parties other than DOT/OT/BIC. In the event that it becomes necessary or advisable for the comfort, well-being or security of the passengers, or for any reason whatsoever, to cancel or alter the itinerary or arrangements, such alterations may be made without penalty to DOT/OT/BIC. The right is reserved to withdraw any or all tours should conditions warrant, also to decline to accept or retain any passengers as participants of the tours should such person's health, mental or physical condition, in the sole opinion of DOT/OT/BIC, impede, or threaten to impede, the operation and/or enjoyment of the tour for the other passengers. In such a case, DOT/OT/BIC will refund any monies that can be recovered for the unused portion of the tour, taking into account any additional charges or penalties from third party suppliers of services at the destination. DOT/OT/BIC can assume no responsibility for lost tickets or coupons. The liability of DOT/OT/BIC for any loss, damage or injury, whether physical or mental, arising from its own acts, omissions or negligence, is limited to the price of the services purchased.

**22. SEVERABILITY:** In the event that any term or condition contained in these Terms & Conditions is unenforceable or void by operation of law or as being against public policy or for any other reason then such term or condition shall be deemed to be severed from this contract or amended accordingly only to such extent necessary to allow all remaining terms and conditions to survive and continue as binding.

**23. PRIVACY POLICY:** Any personal information that we collect about you will be handled in accordance with our Privacy Policy and may be used for any purpose associated with the operation of a trip. In making this booking you consent to this information being passed on to the relevant persons such as our agents, service providers or other suppliers to enable us to operate the trip or, if permitted by any relevant e-marketing spam laws, to send you marketing material in relation to our events and special offers.